

Capp Project --Sugar Baby Project

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Rationale: Senior students need to experience and practice parenting skills.

Purpose: Students will learn that parenting with a full time school load is not easy. Students will make use of resources as they parent (parents, friends etc.).

Materials: A small bag of sugar, actual baby clothes, stuffing, materials to make a head and legs for the baby, journal to record the life of a single student-parent and child for a month.

Method: Students will use the materials to create a realistic looking baby. The baby will be with them or assigned caregiver for the next month. The student will have total care of the baby.

Cover Page: A picture of the parent and the baby.

Vital statistics--Name, date of birth, weight, length, birthmarks, mood etc.

Inside cover-- 28 pages.

-Baby must never be left unattended. You may hire a baby sitter if you must leave the baby. The sitter's name and what was done for your baby is to be recorded.

-Each page is dated and will record 1 day.

-Keep track of what happens during the 24 hours.

-How often is baby fed, napped, Bathed (virtually), changed, cuddled etc.

-There will be some days that baby has problems. You must record Dr. visits, medication or other treatment for problems.

January 3- This is your first day home from hospital. Baby has a normal day

January 4- Baby has croup. How will you care for baby?

January 5- Baby has a happy day.

January 6- Baby has been crying every time you put baby down. You feel frazzled. What will you do?

January 7- This is baby's first day at church. Baby is sleeping. Everyone wants to hold baby. What will you do?

January 8- You have run out of Pampers. The stores are all closed. What will you do?

January 9- Today is laundry day. Baby is fussing. How will you get all the laundry done and still keep baby happy.

January 10- Baby slept through the whole night. How did that help you.

January 11- Uneventful day.

January 12- Uneventful day.

January 13- Baby is fretful all night. You have to study for an important exam.

January 14- You have to miss church because baby has diarrhea. New diapers are needed every few minutes. How serious is this? What do you need to do?

January 15- Baby is doing much better. It was a scary night. Why?

January 16- Baby is eating and drinking well. You are very relieved.

January 17- You celebrate today. You have made it for two weeks. You are doing well as a parent, but you would sure like to get out of the house. Where is a good place to take baby on a windy day in January?

January 18- You are noticing that the house is getting messy. You feel overwhelmed. How can you meet baby's needs and keep up the house work too?

January 19- Your parents come for a visit. Dad takes over the cooking. Mom does the laundry and feeds the baby all day. What was so great about this day?

January 20- Baby scares you half to death with a great big laugh. You feel weak as a kitten when you realize that it is normal. Now you want to hear that laugh again and again. Why does a laughing baby make you so happy?

January 21- It is an uneventful day. You and baby are invited out to dinner. You slip on an icy sidewalk. You fall. The baby's basket rolls over and over. You crawl to the basket expecting the worst. What do you find?

January 22- Today you are nursing bruises and the baby is as happy as ever. It seems like baby is never full and dry at the same time. Are you feeling pressure? Why?

January 23- Big exam tomorrow and you must study, but baby is croupy again. How do you manage?

January 24- Baby finally went to sleep at 4 AM. What a relief! You are too tired to celebrate. How can you get some rest? You feel like you did poorly on the test. Whose fault is it that you did poorly?

January 25- This was a great day. You have a project due in three days. The baby's laundry is piling up again. You are thankful you only have one child. This juggling of

school and baby is no fun at all. A friend phones to ask you out for the evening. You can't get a sitter so you have to stay home. How do you feel?

January 26- You suddenly realize that your parents were amazing. How did they manage to care for you and all your siblings? You rock the baby as you compose a grateful letter to those who gave you life and a happy childhood.

January 27- You got brave enough to invite friends home for dinner tomorrow. You have started to prepare a casserole when the baby starts fussing. The fussing goes on and on. You feel frustrated. What will you do? Call off the invite. Ignore the fussing. Prop the baby up with a bottle. Load baby into a backpack and continue on with the work. Finally, you have a solution. What do you do? The baby has a checkup. The doctor says baby is doing very well. It is time to try a new formula. Baby seems to like the new milk.

January 28- All is well. The dinner was prepared and a big success. You spend a happy afternoon. Your friends think you have the best behaved baby they ever saw. You are thrilled. They aren't gone five minutes when the baby begins to vomit. It goes all over you, down on the couch and unto the floor. What is wrong? What will you do?

January 29- You were up all night. It seems that the new formula does not agree with the baby. What will you do? Finally you decide what to do. The baby has a quiet night. The end of your first month being a full time parent is due in two days. How have you done? What would you have done differently?

January 30- Today is the time to reflect on your ability as a parent? Your final report will be turned in on January 31. Are you ready to take on the full time care of an infant? Your report should reflect why or why not. What have you learned that you did not know before about parenting?